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| --- | --- | --- | --- | --- | --- | --- |
| **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  |  | **1**  **V – 6:15 SWIM**  **JV – Meet day** | **2**  **V – 6:15 SWIM**  **JV – Swim till bell** | **3**  **V – 6:15 SWIM**  **JV – Swim 4:00 pm** | **4**  **V – 6:15 SWIM**  **JV – Swim till bell** | **5**  Var meet  HOME |
| **6** | **7**  **V – 6:15 SWIM**  **JV – Swim 4:00 pm** | **8**  **V – 6:15 SWIM**  **JV – Swim 4:00 pm** | **9**  **V – 6:30 meet warmup**  **JV – Swim till bell** | **10**  **V – IN BY BELL**  **JV – Swim 4:00 pm** | **11**  **NO SCHOOL** | **12** |
| **13** | **14**  **NO SCHOOL** | **15**  **V – 5:30 SWIM**  **JV – Meet day** | **16**  **V – 5:30 TUTORING DAY SWIM**  **JV – Swim till bell** | **17**  **V – 6:15 SWIM**  **JV – Swim 4:00 pm** | **18**  **V – 6:15 SWIM**  **JV – Swim till bell** | **19** |
| **20** | **21**  **V – 6:15 SWIM**  **JV – Swim 4:00 pm** | **22**  **V – 5:30 SWIM**  **JV – Swim 4:00 pm** | **23**  **V – 6:30 meet warmup**  **JV – Swim till bell** | **24**  **V – IN BY BELL**  **JV – Swim 4:00 pm** | **25**  **V – 6:15 SWIM**  **JV – Swim till bell** | **26** |
| **27** | **28**  **V – 6:15 SWIM**  **JV – Swim 4:00 pm** | **29**  **V – 5:50 SWIM**  **JV – Swim 4:00 pm** | **30**  **V – TUTORING**  **DAY**  **JV – Swim till bell** | **31**  **V – 6:15 SWIM**  **JV – Swim 4:00 pm** |  |  |

**OCTOBER 2019 KO SWIMMING**