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| --- | --- | --- | --- | --- | --- | --- |
| **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  |  | **1****V – 6:15 SWIM****JV – Meet day** | **2****V – 6:15 SWIM****JV – Swim till bell** | **3****V – 6:15 SWIM****JV – Swim 4:00 pm** | **4****V – 6:15 SWIM****JV – Swim till bell** | **5** Var meet  HOME  |
| **6** | **7****V – 6:15 SWIM****JV – Swim 4:00 pm** | **8****V – 6:15 SWIM****JV – Swim 4:00 pm** | **9****V – 6:30 meet warmup****JV – Swim till bell** | **10****V – IN BY BELL****JV – Swim 4:00 pm** | **11****NO SCHOOL** | **12** |
| **13** | **14****NO SCHOOL** | **15****V – 5:30 SWIM****JV – Meet day** | **16****V – 5:30 TUTORING DAY SWIM****JV – Swim till bell** | **17****V – 6:15 SWIM****JV – Swim 4:00 pm** | **18****V – 6:15 SWIM****JV – Swim till bell** | **19** |
| **20** | **21****V – 6:15 SWIM****JV – Swim 4:00 pm** | **22****V – 5:30 SWIM****JV – Swim 4:00 pm** | **23****V – 6:30 meet warmup****JV – Swim till bell** | **24****V – IN BY BELL****JV – Swim 4:00 pm** | **25****V – 6:15 SWIM****JV – Swim till bell** | **26** |
| **27** | **28****V – 6:15 SWIM****JV – Swim 4:00 pm** | **29****V – 5:50 SWIM****JV – Swim 4:00 pm** | **30****V – TUTORING****DAY** **JV – Swim till bell** | **31****V – 6:15 SWIM****JV – Swim 4:00 pm** |  |  |

**OCTOBER 2019 KO SWIMMING**